

7 The World's Greatest Double Tongue Exercise

(Start slower - work up to these tempi over time)

(Thank you, Gary Garner!)

(Increase tempo on each line by 5-10 bpm.)

Choose ANY scale - play each line on each note of the scale, then increase tempo and move to next line.

♩ = 120

T T T K K K K T K T K T K T K T

♩ = 130

T T T T T K K K K K K T K T K T K T K T K T

♩ = 140

T T T T T T T K K K K K K K K T K T K T K T K T K T K T K T K T K T

♩ = 150

T T _____ K K _____ K T _____ T K _____

♩ = 160

T T _____ K K _____ K T _____ T K _____

♩ = 170

T T _____ K K _____ K T _____ T K _____

♩ = 180

T T _____ K K _____ K T _____ T K _____

♩ = 190

T T _____ K K _____ K T _____ T K _____

♩ = 200

T T _____ K K _____ K T _____ T K _____